



### Willy's Mexicana Grill Nutrition Facts

<b>Taco Nutrition</b>											
The listed Tacos include black beans, cheese, salsa and lettuce. *Taco Shell not included.	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
	Adobe Chicken Taco	241	106	12	6	0	64	605	13.5	5	2
Sinaloa Chicken Taco	224	82	9	5.5	0	59	532	14	5	2.5	22
Cinatro-Garlic Steak Taco	228	93	10	7	0	46	457	13	5	2	20
Chipotle BBQ Pork Taco	258	114	13	7	0	64	618	15	5.5	3	20
Sinaloa Tofu Taco	221	103	12	5	0	25	425	14	6	2	15
Veggie Taco	151	63	7	5	0	25	425	13	5	2	9
<b>Taco Extras</b>											
Sour Cream	50	50	6	3.5	0	15	25	1	0	1	1
Guacamole	25	20	2	0.25	0	0	85	2	1	0.5	0.5
Roasted Red Peppers	5	0	0	0	0	0	30	1	0	0	0
Corn Salsa	15	5	0	0	0	0	60	3	0	1	0
Black Olives	23	16	2	0	0	0	163	1	1	0	0
Grilled Peppers & Onions	15	5	0	0	0	0	10	2	0	1	0
<b>Taco Ingredients</b>											
6" Flour Tortilla Shell	70	5	0.5	0	0	0	140	14	2	0	3
Crispy Taco Shell	60	20	2	0.5	0	0	30	9	1	0.5	0.5
2 - Steamed 6" Corn Tortillas	90	0	0	0	0	0	60	18	2	0	4
Black Beans	58	3	0	0	0	0	80	10	4	0	4
Pinto Beans	58	3	1	0	0	0	103	10	3	0	3
Adobe Chicken	90	43	5	1	0	39	180	0.5	0	0	11
Sinaloa Chicken	73	19	2	0.5	0	34	107	1	0	0.5	13
Cilantro-Garlic Steak	77	30	3	2	0	21	32	0	0	0	11
Chipotle BBQ Pork	107	51	6	2	0	39	193	2	0.5	1	11
Sinaloa Tofu	70	40	5	0	0	0	0	1	1	0	6
Cheese	80	60	7	5	0	25	135	0	0	0	5
Pico Salsa	10	0	0	0	0	0	210	2	1	1	0
Lettuce	3	0	0	0	0	0	0	1	0	1	0