



### Willy's Mexicana Grill Nutrition Facts

<b>Kid Taco Nutrition</b>												
The listed Tacos include black beans, cheese, salsa and lettuce. *Taco Shell not included.	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
	Adobe Chicken Kid Taco	236	106	12	6	0	64	485	12.5	4	2	20
	Sinaloa Chicken Kid Taco	219	82	9	5.5	0	59	412	13	4	2.5	22
	Cinatro-Garlic Steak Kid Taco	223	93	10	7	0	46	337	12	4	2	20
	Chipotle BBQ Pork Kid Taco	253	114	13	7	0	64	498	14	4.5	3	20
	Sinaloa Tofu Kid Taco	216	103	12	5	0	25	305	13	5	2	15
	Veggie Kid Taco	146	63	7	5	0	25	305	12	4	2	9
<b>Kid Taco Extras</b>												
Sour Cream	50	50	6	3.5	0	15	25	1	0	1	1	
Guacamole	25	20	2	0.25	0	0	85	2	1	0.5	0.5	
Roasted Red Peppers	5	0	0	0	0	0	30	1	0	0	0	
Corn Salsa	15	5	0	0	0	0	60	3	0	1	0	
Black Olives	23	16	2	0	0	0	163	1	1	0	0	
Grilled Peppers & Onions	15	5	0	0	0	0	10	2	0	1	0	
<b>Taco Ingredients</b>												
6" Flour Tortilla Shell	70	5	0.5	0	0	0	140	14	2	0	3	
Crispy Taco Shell	60	20	2	0.5	0	0	30	9	1	0.5	0.5	
2 - Steamed 6" Corn Tortillas	90	0	0	0	0	0	60	18	2	0	4	
Black Beans	58	3	0	0	0	0	80	10	4	0	4	
Pinto Beans	58	3	1	0	0	0	103	10	3	0	3	
Adobe Chicken	90	43	5	1	0	39	180	0.5	0	0	11	
Sinaloa Chicken	73	19	2	0.5	0	34	107	1	0	0.5	13	
Cilantro-Garlic Steak	77	30	3	2	0	21	32	0	0	0	11	
Chipotle BBQ Pork	107	51	6	2	0	39	193	2	0.5	1	11	
Sinaloa Tofu	70	40	5	0	0	0	0	1	1	0	6	
Cheese	80	60	7	5	0	25	135	0	0	0	5	
Pico Salsa	5	0	0	0	0	0	90	1	0	1	0	
Lettuce	3	0	0	0	0	0	0	1	0	1	0	